

BAR HILL NEWS

September 2008 Issue 456

The Bar Hill News is also available on audio tape

If you, or someone you know, would benefit from this free service, please contact Julie at Camsight 01223 420033

HGV's

The problems caused in our village by HGV's are discussed at every Parish Council meeting. The Council has asked the Highways Agency for a sign to be placed on the A14 as drivers approach Bar Hill, indicating that lorries should **only be entering the village if they have deliveries**. This request was refused on the grounds that another sign could not be accommodated on the A14. We have also asked for a weight limit to be applied to the village but this has been **refused** on the grounds that there are insufficient HGV's travelling along the ring road.

We have been negotiating with the County Council for "pinch points" to narrow the road in the hope of deterring lorries from entering the residential area unless they have deliveries to make. The Parish Council has indicated that it is willing to pay for these, but there has been a delay in their design. **The Parish Council would be interested to hear the view of residents on this proposal.**

Recently the Parish Council had a meeting, arranged by John Reynolds, with a member of the County Council who has put forward various suggestions for trying to help to relieve the problem. These are being considered at the moment, but the County Council representative did warn the Parish Council that each action could have some **undesirable results**: in a nutshell, if the drivers are prevented from parking in certain places they will go elsewhere in the village to park. The Parish Council is very concerned that any measures which are taken should not result in the lorries parking in the residential area – in the cul de sacs for instance.

The Police hold a neighbourhood panel meeting every 3 months when they ask residents what they would like the priorities for policing to be. Your Councillors always attend these meetings, and the subject of HGV's is raised every time. Occasionally the Police do have a blitz and issue tickets to lorry drivers who are parked irresponsibly or dangerously. The Police do tell us, however, that they cannot have a continuous Police presence in the village because they do not have the resources. Notices about these meetings will be around the village and on the Parish Council's website, and **any member of the public is entitled to attend and put their point of view.**

Many of the problems we see in this village are because there are insufficient lorry parks. This is a national issue and we have raised it with our member of parliament. I believe at long last the various agencies are beginning to work together to try and help.

The frustration which I know many residents feel is nothing to that felt by the Parish Councillors. Unfortunately the Parish Council has no power to do anything on the County Council's roads (ie those within the village) or on the A14 (which is the responsibility of the Highways Department).

If you feel strongly about this issue please write to the County Council Highways Division and put your point of view. The more people who write the more likely it is that your voices will be heard.

Margaret Sellars
Chairman
Parish Council

Copy date for the next issue is 15th September to Margaret Sellars at bhneditor@yahoo.com, or see page 2 for other contact details.

BAR HILL RESIDENTS' ASSOCIATION

07/08 Committee

Chairman	Mr R Hall	780304	11 Almond Grove
Vice-Chairman	Mr M Avery	781233	34 Acorn Avenue
Secretary	Mr A Pallan	782779	72 The Spinney
Treasurer	Mr R Iyer	200910	56 Oatlands Avenue

Bar Hill News

Editor	Mrs M Sellars	C/o Parish Council Office
Advertising Co-Ordinator	Mrs B Waters	201421 77 Foxhollow
Distribution Co-ordinator	Mr M Avery	781233 34 Acorn Avenue

Also: E Wilmer, and Kirsten and Paul Goodfield (200228 15 Little Meadow)

The Objectives of the Association are to act as an intermediary between the Residents and other parties, to keep residents informed of matters of importance and recreation in and around the Village, and to promote the interests of Bar Hill. Opinions expressed in this publication and not necessarily those of the Association. **Anonymous letters will NOT be published, but names and addresses may be withheld.** However, these may be made available should a written request be received. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

ADVERTISING

All matters relating to advertising should be addressed to the Advertising Co-ordinator (see above – email to bunty.waters@ntlworld.com)

¼ page adverts cost £14.50 per month and must be submitted by the 1st of the month prior to inclusion.

Maxi ads (£8.25 per month) and **Mini ads** (price currently under review) should be submitted by 15th of the month prior to their inclusion.

The ¼ page ads are for local businesses and we guarantee publication. This often results in a waiting list and, to help overcome this problem, we provide maxi and mini ads. These appear throughout the publication and we cannot guarantee their inclusion due to restrictions of space.

EDITORIAL

There is no charge for **Articles, What's On, For Sale and Lost and Found**, and these appear at the Editor's discretion. Please submit items by 15th of the month.

All telephone numbers without an area code are Crafts Hill (01954).

All items can be submitted **electronically on disc or to bhneditor@yahoo.com.**

HEALTH CENTRE

Dr Hassan, Dr Ranasinghe and the Practice Nurses

Surgery Hours (tel 780442)

Monday to Friday, 8.30 am – 12 noon and 2 – 6 pm

Out of Hours Emergencies tel 01223 464242

Midwife Monday, 2 pm onwards

Physiotherapist Tuesday 2 – 5.15 pm

Psychiatric Nurse Wednesday, 2 pm onwards

Chiropody Wednesday, Thursday and Friday, 9 am – 12 noon, Thursday 2 – 5 pm

Dietitian 1st Tuesday of month, 9.30 am – 12.30 pm

Orthoptist 2nd Tuesday of month 9 am – 12.30 pm

CAMTAD 4th Tuesday of month, 9 - 11.30 am

Child Health Clinic 1st Friday of month, 2 pm onwards

Health Visitors are now based at Longstanton Branch Surgery, Magdalene Close, Longstanton (tel 781855)

USEFUL TELEPHONE NUMBERS

● Church Office 206120 ● Conservative Party (Iris Lay) 205265 ● Happy Hours (Helen Collins) 782203 ● Liberal Democrat Party (Tom Flanagan) 780571 ● Library (renewals and enquiries) 0845 045 5225 ● Parish Council (Leigh Baffa) 780456 ● Police 0845 456 4564 ● Pre-School 782892 ● Samaritans 01223 364455 ● School 273305 ● Social Club 781881 ● Swavesey Village College 230366

BAR HILL VILLAGE HALL



Two halls (with Conference Facilities)

Wedding receptions

Birthday celebrations

Children's parties

Jumble sales

Conferences

Seminars

Training days

Exam sessions

Anniversary celebrations

Excellent parking and catering facilities



206179

Dear Editor

Replying to my anonymous detractor, who appears to be some kind of builder, and also supposedly a Christian, I am offended that my friend's comment on the appearance of the church here should be turned into a personal attack upon me. Personal attacks, so frequent in BHN, are not in the spirit of compassion and understanding that Jesus taught us.

Your anonymous letter writer seems not to understand that there is a spiritual issue here. What kind of house I live in does not alter in any way the difference between profane and sacred buildings. The house one lives in is profane. So it has modern comforts and looks like a house. Modern buildings made from cheap bricks, concrete and softwood like those in Bar Hill are also have serious structural problems, and will last a lot less long than ones built of stone by good masons. A church is supposed to be a holy building, a sacred House of God, beautiful and lasting in praise of our Creator. Sadly, Bar Hill church does not express the glory of God to those who see it and mistake it for a Fire Station, whether or not it has magnificent damp-proof courses. The congregation in Bar Hill church does not even pray towards the East, as Christians have done since the days of Constantine. It appears that the Bar Hill church building was designed deliberately to defy all the sacred conventions that the Christian religion has cherished since the earliest times, in some kind of attempt to be 'modern'.

John Lucas

Dear Editor

I would like to make a plea for anyone in the village who is aware of a very neat recipe book printed in about 1972. It contains many recipes of residents of Bar Hill in the early days. Front cover "Recipes of Residents". Cost 5/- and under that 25p so getting ready for decimalisation. We would like to know if there are any still about or is it possible to have a reprint? Resident Mrs A Harris has a copy and showed it to many of us and much interest was shown to get a copy. If you can help, thanks.

George

10 Gladeside (Tel 201481)

Dear Editor

I feel I must respond to John Doland's letter in August Bar Hill News. I would like to thank him for his suggestions on how to proceed with the HGV issues. I would like to thank him outlining how to proceed with the frequently recurring HGV issues. He seems to assume many things:

1. He assumes I have not checked what the Parish Council is doing about the ongoing problem of HGV's in our village. I can assure him I have and see what appears to be buck passing, blaming everyone else and doing very little.
2. He assumes that it is a one off problem of the

vehicles breaking down in the slip road to Stonefield; it is not. It occurs fairly regularly. These vehicles appear to have a problem on the A14, pull into the village and Stonefield slip road is the first place they can stop or turn. It is **DANGEROUS** as they obstruct the vision of vehicles leaving Stonefield; I have seen several near misses when cars pull out blind into the path of oncoming traffic.

3. He assumes that I have not been in contact with the Parish Council. I have sent several photos to them. It is not always possible to take photos as, when I am awoken in the small hours of the morning when some of these vehicles are using Stonefield to turn, by the time I have gone downstairs and picked up my camera the offending vehicle has gone. I say the Parish Council appears to be doing nothing: I read in the minutes that my problem was noted and filed (no action). Indeed some of my emails to them have not even been acknowledged.
4. He feels I am being mean spirited complaining about the broken down vehicles. I am sure that if he were regularly awoken by HGV's he might be less than generous. These vehicles should not be in the residential area in the first place performing hazardous and irresponsible manoeuvres.
5. I suggested some simple and cost effective options to help solve this problem (yellow lines and weight restriction signs) he has completely ignored these.

Whilst making these assumptions Mr Doland's response seems disrespectful with a condescending tone. Surely we should be unified it trying to solve this issue. I have been pursuing, and will continue to pursue this issue with our councillor and MP, but felt that the BHN and Parish Council would also be interested.

I see that a J Doland is a member of the committee who noted and filed my complaint: if this is the same person, I believe he is biased and too close to see their faults. This committee, have simply noted and filed my complaint. Perhaps he doesn't recall noting and filing my complaint!

With this kind of attitude from the Parish Council and members it discourages residents from reporting problems and has a negative effect on the quality of our village.

Brian Webb
Stonefield

More letters

BIN COLLECTION DATES

3 September	Green bin and box
10 September	Black bin
17 September	Green bin and box
24 September	Black bin
1 October	Green bin and box

Dear Editor

Roger Hall states in his District Councillor's report that the choice for council house tenants is which one of 3 housing associations they wish to be with. It gives the impression that the decision has already been made to transfer the management of and housing stock from South Cambs District Council to a housing association.

As I understand it the transfer can only happen if the tenants themselves vote in favour of it – a vote which has yet to take place.

Would Roger Hall explain why he omitted to mention this in his report?

John Doland

Robin Close

Dear Editor

I would like to know why strimming the edges of our grass verges and around trees, lamp posts, road signs, fences etc is no longer carried out by the grass cutter. Cutting the grass is only doing half the job. It never looks finished and this is a real topic of conversation when standing at my bus stop. Is it merely a question of cost cutting? As my father used to say, "A job worth doing is worth doing well."

Whilst on the subject of grass cutting, could someone please tell me who is responsible for cutting the bottom part of the growth by the cycle path leading up to Dry Drayton? The top section was cut some weeks ago but the bottom half now resembles a jungle and the bench is almost hidden from view. This really looks a mess and needs sorting out.

(Name withheld at writer's request)

Dear Editor

So far I have had no reply to my appeal in the Bar Hill News for the small book, the property of Mr and Mrs Pavey of St Neots Road, Hardwick. To my knowledge I have never lost anything from my deep pockets before and this is what is known as Murphy's or Sod's law. As the weather that day was dry and warm the book must have come to no harm and was obviously picked up by someone who is reluctant to give it up.

I have pedalled a great many miles on my tricycle with notices around Bar Hill but there has been no response. The Club Badge on the cover showing a Comet and an oval can't be missed. The "Comet" Cycling Club disbanded many years ago and was amalgamated into the "Lea Valley", "Crescent", "University" and "Shaftesbury" but those mementos and can't be bought any more.

If you find the book please take it to the Bar Hill Post Office or phone 782730 for a reward.

Henry R Morris

The Spinney



NATIONAL WOMEN'S REGISTER

Is an organisation for women who have lively and enquiring minds. Discussions are at the heart of over 400 groups country-

wide, we also have quizzes and themed evenings. Members come away buzzing with ideas.

We meet informally and all women are welcome. Come and discover for yourself that conversation never dries up. We hold our meetings once a fortnight on a Thursday evening.

11th September Cambridge Ghost Walk!

25th September Iceland Venue: Jane's

Bar Hill group welcomes women of all ages: we would love to see you— do give it a try – it's only £1.00 per evening to cover costs.

If you would like more information, or someone to accompany you to a meeting please do not hesitate to call Bobby Colver on 781662 or

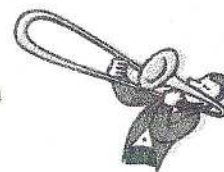
Heather Wheeler on 781208. You can also find us on www.nwr.org.uk it's worth a look!

1940's Charity Dance

In aid of the Over Day Centre
Featuring The Silver Bird Music Show



The sound of
Glenn Miller and
music from the era



SATURDAY 18TH OCTOBER 2008
8.00 - MIDNIGHT

THE COMMUNITY CENTRE, OVER,
CAMBRIDGE

£15.00 INCLUDES A BUFFET

LICENSED BAR

RAFFLE

TICKETS: 01954 231807

ELITE

TEL: 781937 MOB: 07986392611

43 THE SPINNEY
BAR HILL
CAMBRIDGE, CB3 8ST

- * FULL BATHROOM DESIGN
& INSTALLATION
- * ALLASPECTS OF FLOOR/WALL TILING
- * SUPPLY & FIT OR LABOUR ONLY
- * LAMINATE WOOD FLOORING
- * FREE QUOTATIONS AND ADVICE
- * QUALITY WORK GUARANTEED

WE CAN ALSO LOOK AFTER ALL YOUR
PROPERTY MAINTENANCE
REQUIREMENTS

e-mail: dean.mills2@ntlworld.com

Help at Hand

Anxious ?
Frightened ?
Low self-esteem ?
Emotional problems ?
Personal relationships ?



Michael Boughton-Fox

www.victimsagainstcrime.com

 789722

Bridge End Carpets & Flooring

Suppliers & Installers

Est. 10 years 1992 - 2002

Carpets, woodflooring,
laminates, vinyls, etc

Domestic & contract

Hundreds of Quality samples
brought to your door

9.00am - 9.00pm, 6 days a week.

Free consultation & estimates



789968

Mobile 07801 542 378

Graham Spence

Domestic Gas Appliances
Service and Repair

A local and comprehensive
call-out and appointments service for
boiler and central heating 'problems'
in and around Bar Hill.



CORGI
Registered
Gas Installer
No. 149177

10%
Discount
for Bar Hill residents

 781402
 0378 894956

CAMBRIDGE SUNBLINDS

Vertical Venetian
Pleated Roller

Vertical, Roller, Venetian,
Pleated, Roman Blinds
Up to 50% discounts
off selected ranges
Free fitting and measuring
Competitive prices
The family firm you can trust

Tel/fax:
211037

SPECTRUM

CONSERVATORIES
WINDOWS
DOORS

FENSA
Registered Company

MOBILE: 07702 895673
TEL: 01954 789478

Chris's Bikes
Bar Hill's local cycle centre
2 Thornton Way, Girton (Just off Huntingdon Road)

- Professional, knowledgeable and friendly service
- Top quality, competitively priced repairs
- Wide range of spares/accessories available
- Cambridge's only 5 Star Magura Service Centre
- Stockists of Magura Hydraulic brakes
- Probably best range of commuting bicycles in town
- Good selection of quality hybrid and mountain bikes
- BMX and children's bicycles also available:

Giant, Haro, Mongoose, Huffy & Diamond Back

Good quality secondhand cycles **always** available

Plenty of parking

Cambridge Stockist of GIANT bicycles

Quality for less 276004
Come and visit us; we will make you welcome

MET
Mango
Cannondale
Tospek
Zefal
Shimano
Witek
Cruis Smart
Squire
Trellack
Spencer
Mavic
Hamax
Odyssey
Bell
Aorus
Giant
Cland Butler
Univega
Diamondback
Haro
Continental
Hutchinson
Wendstein

Dual suspension commuters -
- 'Rolls Royce' cycles at incredible prices

Trailgator
- the sensible/versatile alternative to a trailer bike

Fantastic quality racing cycles at unbeatable prices
- phone for details

All ladies' multigear commuters have chainguards

SE
stampelectrical

COLIN STAMP

174 The Spinney, Bar Hill
Cambridge CB23 8TP

t 01954 789064
m 07860 920933
e stamp.electrical@ntlworld.com

LOCAL ELECTRICIAN
01954 789064

ALL DOMESTIC & COMMERCIAL
INSTALLATIONS
~ LIGHTS, SOCKETS, SHOWERS
FUSE BOXES

FREE QUOTES AND ESTIMATES

NICEIC APPROVED DOMESTIC INSTALLER

FAMILY RUN BUSINESS - 10 YEARS IN THE VILLAGE



ROSIE IN STITCHES

As well as helping us to raise funds, when you shop through the easyfundraising site you can benefit from exclusive special offers that you won't find anywhere else. There are many free offers available - too many to list here - so visit the Special

Offers page at www.easyfundraising.org.uk/forh for more details and to find the eVoucher codes.

P&O Book a Dover-Calais crossing before 30th September and P&O will give you a FREE one day Hopper ticket for Disneyland Resort Paris, where you'll be able to spend the day exploring both Parks. **Book before 30th September 2008 for travel until 31st March 2009.**

JESSOPS Exclusive eVoucher savings expire on 30th September

You can now raise funds for Friends of the Rosie Hospital whenever you use the Easyfundraising search site at <http://forh.easysearch.org.uk> we will receive 1p for every search and if you make just 10 searches a day, you could raise £25 a year.

If you can improve our website, provide transport for our volunteers or display a small selection of our wares please contact a member of the committee, details are given on our website at www.rosieinstitches.org.uk.

Come along to one of our stalls to see our selection of clothes and toys:

Cherry Hinton Festival At the recreation ground Saturday 6th September 11 am to 6 pm

Tea Bar Outpatients, Rosie Hospital, Cambridge

Hackers Fruit Farm Dry Drayton, Cambridgeshire

Yours sincerely

Avril Williams

Rosie in Stitches

for Friends of the Rosie

Registered Charity Number 1036092

www.rosieinstitches.org.uk

www.easyfundraising.org.uk/forh

<http://forh.easysearch.org.uk>

Do you have a friend or relative that is looking for voluntary work at the moment - please ask them to have a look at our volunteering page at www.rosieinstitches.org.uk/volunteering.htm

CRICKET CLUB



By the time you read this, the season will be over. Well, either that or we'll all have drowned in a vain attempt to actually play our national summer sport.

We can't remember a year where so many matches have been cancelled - and when you throw in the odd occasion when the opposition have been unable to field a team, it's been a frustrating time to say the least.

In between the weather, both league teams have held their

own at the higher levels since promotion last year.

The firsts won back-to-back matches against Burrough Green and Whittlesford, captain **Mark Thompson** hitting 42 and Sam Clare 41 against the former, before a devastating spell of 5 for 23 by **David Rush** sealed a nerve-jangling 10-run win.

The victory over Whittlesford was equally tense, with **Craig Driver's** composed 22 not out the key innings on a low-scoring day. **Rush** had earlier added four wickets to his haul.

However, Ashwell proved too strong, despite three wickets for **Adam Dean** and 25 runs from **Jim Neal**.

In the Cambridge Evening News 20-20 Cup quarter-final, Bar Hill put in a sterling effort against Senior League One team Barrington, holding the hosts to 141 for 6, but struggling to get on top of the bowling in reply, despite **Nathan Dean** and **Martin Cullum** hitting 28 not out and 21 not out respectively.

The seconds put in probably their best performance of the season to dismiss St Ives IV for 61, with **Tom Levitt** leading the way with 4 for 22, although every bowler was on top form. The batsmen then completed a seven-wicket win.

In the defeat at Chatteris, **Neal Suckling** took three wickets and **David Fletcher** hit 36.

Next season, we intend to launch a third team on Saturdays, probably playing home matches at Swavesey Village College. Any extra players, or volunteers to share tea-making, scoring and taxi duties would be most welcome. Please contact the number below.

The only friendly to survive the weather was against Elmdon - who made fairly short work of a depleted Bar Hill side.

Sadly, the match against the Social Club "Wrinklies" was abandoned when the heavens opened early in the second innings.

On the youth side, the under-15's narrowly missed out on winning their league, while the under-14's held their own in a strong league featuring the likes of Cambridge Granta and Saffron Walden. A young under-12's team also made great strides during the year.

Many thanks to everyone who visited our barbecue on fête day, and to Andy's Kars for their support - and may we add our own thanks and congratulations to the Fête Committee for once again putting on a terrific day.

Our next event is the **end-of-season party and presentation on September 20**. Tickets will be on sale shortly to members and their families (and carefully vetted hangers-on and groupies), so please contact me on the number below if you would like some.

For new adult members or any other queries, contact me on the number below.

As ever, keep up to date with the latest news by visiting the club website, www.barhillcricket.org.uk

Paul Stimpson

782475



BAR HILL COLTS F.C

Wahey! Season of 2008-09 is on the way. This means lots of paper work, pre-season friendlies, white lining pitches and much more for the managers and committee to do so that the club can enjoy hopefully another successful season. After weeks of pre-season training all players and managers are excited for their first game of the season some in new leagues, on bigger pitches and with more players.

COMMITTEE

POSITION	PERSON	TEL
Chair:	Barry Dean	205670
Vice Chair:	Paul Gedny	201074
	Paul Neal	205076
Secretary:		
Fixtures	Mark	01480
Secretary	Honeywood	830133
Treasurer:	Jairo Marin	781838
Entertainment:	Michelle Davies	201246
	Tina Andrews	789778
Publicity: Web	Richard Page	202572
BHN	Vicky Neal	205076
Club Welfare:	Mark	01480
	Honeywood	830133

First league games for each team are as follows:

Saturday 6th September

Roy's Under 9's
away against Cambourne
Steve's Under 10's
home against Gamlingay

Sunday 7th September

Rob Under 11's
away against Soham
Darryn's Under 12's
away against Buckden
Tony's Under 13's
away against Brampton
Justin's Under 14's

home against Celtic
Jairo's Under 16's
away against Fulbourn
Barry's Under 17's
home against Godmanchester

Saturday 13th September

Tim's Under 8s
away against Caldecote
Vicky & Linda's Under 13 Girls
away against Balsham
Ruth's Under 16 Girls
home against Buckden

MORE THE MERRIER!

Matt and Andy will now be taking their Under 7 Bullets forward as a team in September. Tim and his assistant Pete train on Saturday mornings with their current Under 6's and would welcome any new faces. Here is an invitation for any boys or girls that want to play some football to come and join in the fun.



JUST FOR FUN

Here is a word search that hides 10 of the Colts team's nicknames. I'll give you one hint with our 2 new teams Tim's RAVENS and Matt and Andy's BULLETS. Other places to help are previous BHN pages or our website: www.barhillcolts.org.uk

S	S	S	S	C	R	J	H	E	B
P	A	R	A	T	E	R	A	U	S
I	P	E	N	T	E	G	L	R	E
T	P	B	S	A	L	L	E	S	E
F	H	M	T	E	D	D	L	D	A
I	I	O	S	O	I	A	O	U	Y
R	R	B	G	A	E	L	T	N	B
E	E	S	R	E	G	N	A	R	I
S	S	R	A	V	E	N	S	S	M
R	I	C	V	R	P	O	O	E	E

BAR HILL FOOTBALL CLUB

I am pleased that the Colts now have a representative that gives the club a link with the adult's team so Bar Hill football club can now support each other and represent the village as a whole. Thank you Barry Dean for organising this. First a huge well done to Steve Callaghan and Stan Williams in raising much needed funds with the 'Crossbar Challenge' at the Village Fete your efforts are very much appreciated.

The winner of the junior age group was Jack Murry whilst Matt Leach took 1st prize in the senior age group.

This season the 1st team will be playing in a new strip, kindly sponsored by CAMTRONICS. This new kit strengthens the ties between the Adult and Colts Clubs being blue and white stripes so all the village teams have a single identity.

We are again running three teams this season, with the 1st Team playing in the Senior Division and the 2nd Team in Division 1A of the Sunday League. The 'A' Team will be competing in Division 3A.

	MANAGER	TEL
1 st team	John Houston	200951
2 nd team	Simon Waters	07824 443122
'A' team	Stan Williams	200783
Chairman	Alan Hewings	201315
Secretary	Neville Watson	781488
Treasurer	Karl Konradt	200238

As we now have a sparkling new kit, we do have a number of old kits that we would be happy to pass to anyone who is interested. Please contact the chairman Alan Hewings, see contact details above.

NO RESPECT-NO REFEREES!

Bar Hill Colts fully support the new FA 'RESPECT' initiative in response to 'the abuse and intimidation at grassroots level, and poor behaviour by over competitive parents towards their children as well as aggressive coaches and spectators on the sidelines'. To encourage new/young referees we will sign up to the Respect measures.

Vicky x

BAR HILL COLTS
IS A CHARTER
STANDARD CLUB



NOT TOO NEAR, NOT TOO FAR

FOR INDEPENDENT FINANCIAL ADVICE

on investments, regular savings, pensions, life cover, inheritance tax planning etc

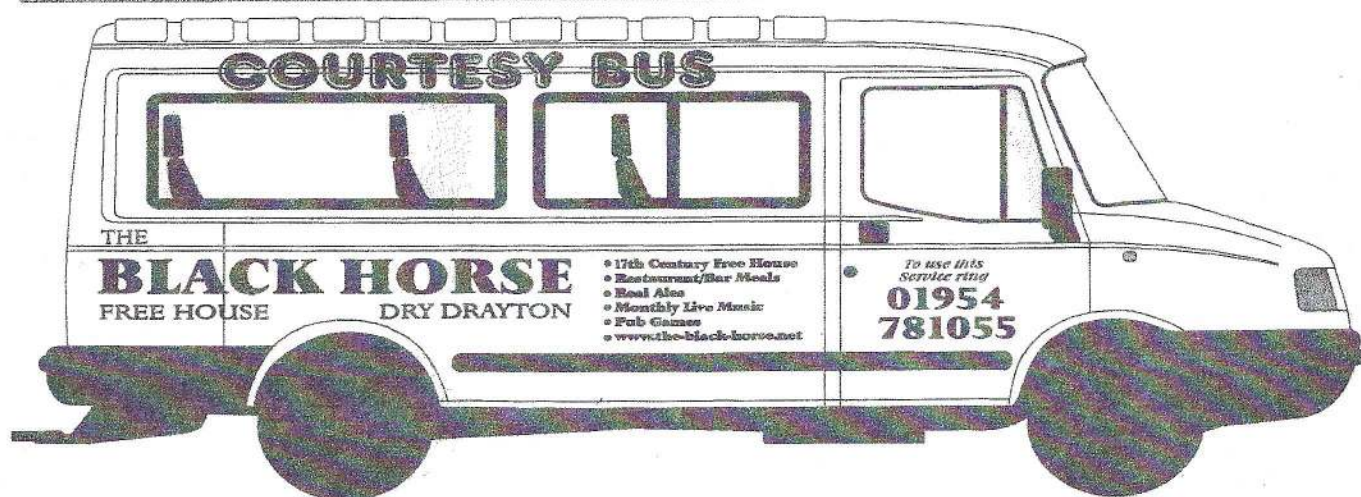
Contact: NIGEL BOLITHO OF BV SERVICES

185 High Street, Cottenham, Cambridge

Tel 01954 251521

Email: Bolitho@enterprise.net

Authorised and regulated by the Financial Services Authority



Cambridge Funeral Services

- Family owned & Independent
- Traditional & Contemporary funerals
- 24 hour service
- Free parking
- Private chapel of rest
- Funerals for all faiths & beliefs
- Green & woodland burials
- Pre-arranged funeral planning



Andrew Patey Dip FD Dip FM LMBIFD
Philip Reynolds Dip FD LMBIFD

01223 415255

617 Newmarket Road, Cambridge
www.cambridgefs.co.uk



The vet your pet would choose

Longstanton

34 High Street, Longstanton CB24 3BS
01954 780027

Cottenham

66 High Steet, Cottenham CB24 8SA
01954 252122

Milton

26 Cambridge Road, Milton CB24 6AW
0845 500 4 24 7

24 hr emergency:
0845 500 4 24 7

www.villagevet.co.uk





Bar Hill Motors

20, Viking Way (next to Tesco's)

For all your car care needs

The air conditioning has had a hard summer!
Has it been serviced in the last two years?
If not, we can help with our Qualified Staff
and equipment



Opening times

Mon. To Fri. 8.00am - 5.30pm
Sat. 8.30am - Noon
Closed Sun.

 **781132**

Alan's Carpets

- * Home Selection Service
- * Over 30 years experience
- * FREE quotes/Priced right
- * Extensive range of Quality Samples
- * Free advice on all floor coverings
- * Orders fitted within days, not months!
- * Showroom now open at
1 Station Road, Swavesey

Save £'s
Discount
prices!

Alan Shrimpton

Phone 232298 or 780970

Smile and relax this summer!

**Cambourne Dental Practice now
introduces Sports Massage and
CranioSacral Therapy with Kirstie
Atkin, BSc Hons Sports Science.**

*CranioSacral Therapy is a gentle, non-invasive
manipulative technique developed and
scientifically researched in the 1970's by
American Osteopath Dr John Upledger.*

CranioSacral Therapy enhances the
body's natural healing processes, and has
been effective over a wide spectrum of
medical problems associated with pain
and dysfunction, including migraine
headaches, chronic neck and back
pain, emotional difficulties, stress
and tension-related problems,
temporomandibular joint dysfunction,
immune disorders, infantile
disorders and many more.

Special Offers this summer!

Onsite tooth whitening in under an hour for £249 or,
including a take-home tooth whitening kit for only £299.
And 20 CranioSacral Therapy/massage treatments half price!
Call for details...

Cambourne Dental Practice

Monkfield House, Monkfield Lane, Great Cambourne CB23 6AJ
www.cambournedental.com | Telephone: (01954) 718585

lawson tree

hedge, tree & garden services



Tree surgery
Hedge cutting
Fencing
Turfing
Grass cutting
Gardening

Telephone: 01954 211523/
07984 205663

E-mail:

contact@lawsontree.co.uk

Web:

www.lawsontree.co.uk

Professional
Qualified
Insured

Football Project

The pitch is suitable for football and many other sporting activities such as mini tennis, hockey, bowls, volleyball and multi sports - it's a great venue for birthday parties. If you wish to find out more about hiring the facility then contact our Bookings Secretary, Julie Marin on 781838.

The officers of the Management Committee are:

Chairperson Alan Hewings
Secretary Paul Thorby
Treasurer Jairo Marin

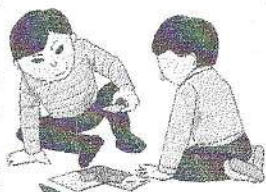


Parent and Toddler Group

Bar Hill parent and toddler group is a welcoming and friendly charity group run by a committee of parents to provide play and socialising for children (and parents) from 0-4 years of age. The sessions run Wednesdays and Fridays from 9.45 to 11.15 am during term time and are held in the Octagon. Both sessions provide a wide range of activities which include arts and crafts, puzzles, dressing up, role play and a wide range of outdoor toys (weather permitting).

The cost of each session is £1.90 for the first child and £1.00 per sibling up to a maximum of £3.00 per family or childminder. Under ones are free if accompanied by an older child. This fee includes refreshments for both parent/carer and children.

For any more info' please call Hanna on 200232 or Lisa on 201902.



LATE NIGHT BUS BACK ON THE ROAD

Three Cheers at long last the late-night service to Bar Hill will get underway again. Commencing Tuesday August 26th. Running from Drummer Street, bay 5, Monday to Saturday, the 15 service will leave at 19.05, 21.05 and 23.05. The 15 service to Cambridge will leave Bar Hill at 18.43, 20.33 and 22.33. I have been fighting a lengthy battle to get the buses running again I'm delighted that after all this time we are to get a bus service in the late evenings again. It should be a real boon for people who want to go to the cinema, theatre or a restaurant in Cambridge, and not have to travel by car. I hope very much that people will respect the new service, I must congratulate Stagecoach for re-introducing it.

A14 AVERAGE SPEED CAMERAS SAVING LIVES

The installation by the Highways Agency of the average speed cameras along the A14 between Cambridge and the A1 have proved a real success. In the past twelve months serious accidents have been reduced by some 80% as motorists take more care. Serious accidents fell from 11 to two. Overall, collisions dropped by 21 % and casualties by 25 %. Also the numbers of speeding tickets, which were running at around 90 per month, have now fallen to 31 for the whole year. This is all good news for motorists but the news everyone is waiting for is the date that contractors will start work on the full upgrading.

JOIN ECOPS AND KEEP IN TOUCH

Do you want to know what neighbourhood policing team is doing to tackle crime and anti-social behaviour in your area? E.cops is the answer. E.cops is an innovative free email newsletter from Cambridgeshire Constabulary. You can let us know your thoughts and issues by replying to e-cops emails. To join complete the on-line registration form by visiting www.cambs.police.uk/signup/ecops

John Reynolds

Calling All Virgins!



Ladies...enjoy a night in with Virgin Vie At Home! Hold your own Party and invite all your friends! With so much gorgeous Jewellery and Cosmetics to choose from, You'll wish you had become a Virgin years ago! So for a great girl's night in...

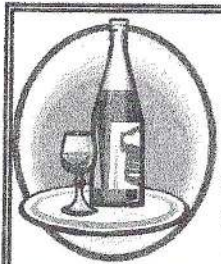
Call Nicola on 01954 719539 or 07712120062 or Email nicolaanderson@ntlworld.com

weight watchers @ bar hill

MONDAY 7—7.30 PM
PRIMARY SCHOOL

THURSDAY 6.00—6.30 PM
THE VILLAGE HALL, THE SPINNEY

FREE REGISTRATION
AND PICK UP YOUR FREE KICK START
WITH THIS COUPON
OR PHONE 08457123000



Sports and Social Club

For up to date information on what's happening at the Social Club visit www.bhssc.org.uk or ring 01954 781881

GUARD YOUR PROPERTY

SmartWater has proved very popular with many local people purchasing it to safeguard their property. May I please remind you of its excellence. SmartWater is a revolutionary forensic coding system which protects your home or business and deters burglars from stealing your property. SmartWater is being used to protect hundreds of thousands of homes, businesses and vehicles across the UK, and is now used by over 95% of Police forces to deter criminals.

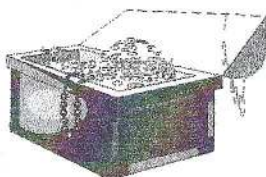
The results have been little short of phenomenal. The evidence - based on police statistics - shows that criminals really fear SmartWater. In fact, SmartWater has helped to reduce burglary by five times the national average*.(** University of Leicester Perpetuity Research 2004.*)

SmartWater is a colourless liquid solution that is simply dabbed onto the uneven surfaces of your valuables. It can be used to code all sorts of items such as jewellery, ornaments, electrical items and even your motor vehicle. Each bottle contains a unique chemical 'code' which is registered to you - conclusively proving ownership. It cannot be easily seen by the naked eye and is almost impossible to remove. The liquid glows under ultraviolet light making it easy for the Police to detect.

The Police use it in undercover operations to catch and convict criminals. Criminals know about SmartWater and fear its power to forensically link them with the scene of a crime. So, by coding your valuables and displaying the SmartWater deterrent signs, you are sending out a powerful warning to any thieves and burglars operating in your area.

Please feel free to have a look at the SmartWater website www.smartwater.com and if you are interested in receiving more details - please e-mail us or leave a message for us on 0845 456 456 4.

PESO KAREN MAHONEY 7238



FOR SALE

Bunk bed - ladder to single bunk on top, with desk underneath and seat that folds out to second bed.

Mattresses included. Silver finish.

L 201 cm W 99 cm H 184 cm. Buyer collects.

£50 ono (01954) 789169

8 o'clock Club

The 8 o'clock club meets on the first Thursday of each month in the small hall at the school during term time. As the name suggests we meet at 8 pm. We are not affiliated to any other women's groups and would welcome new members. At our meetings we usually have a speaker but we do try to vary this by going out for meals and having a garden party.

4 September - enrolment evening - come along and join us for a glass of wine and a chance to have a chat with other members.

2 October - history and wildlife from Earith to Houghton

If you would like to come along to one of our meetings please join us in the school or phone Barbara on 204171.

NEW WINDMILL BRIDGE OPENS

The new Windmill Bridge at Over opened on 31 July after it was demolished and rebuilt as part of the Cambridgeshire Guided Busway project.

The completion of Windmill Bridge means that the finishing of all three major spans being built for the Guided Busway is just months away. The two bridges left to finish, near Addenbrooke's and over the Great Ouse, are all near completion.

Windmill Bridge should have been open to traffic in June but construction was hampered by the need to divert additional utility services discovered after work began and further delayed by exceptionally bad weather. As a consequence the opening was given a new date of July 31.

The Council has also taken the opportunity to carry out some much needed extra resurfacing either side of the bridge.

The bridge opened Thursday, July 31, ready to receive Friday's rush hour traffic.

John Reynolds

Are you pleased with your current Window Cleaner?

If not - contact us



We clean:

All Doors, frames, fascias and sills

Conservatories - inside and out

gutterings cleared.....

.....as well as the windows

Fully insured

07835 430347 or WKDwindowcleaner@aol.com

THE FITNESS CLASS

BAR HILL CHURCH MONS 7.30-8.30PM

Want to loose weight? Get Fit? Tone Up? Scared some exercise classes will be too intimidating & hard to pick up?

This class aimed at ladies in their 30s, 40s and 50s is easy to pick up whilst being challenging for any fitness level.

£4 per class(10 for £32). Also Available Oakington Thurs 6.30-7.30pm

OVER 55s FITNESS CLASS

BAR HILL CHURCH TUES 10-11AM

Aimed at a pace suitable for the older adult to improve and maintain fitness, strength & mobility. £2.75 per class(10 for £24)

Also Available at Fen Ditton, Swavesey & Oakington

TRAIN WITH SIMON GURRY FULLY QUALIFIED GOVERNMENT APPROVED REPS INSTRUCTOR

ALSO AVAILABLE PERSONAL TRAINING, GROUP FITNESS, SPORTS MASSAGE AND NUTRITIONAL ADVICE.

Call Simon on 01223 236945

or email info@bodyinmotionpt.net

Further details at www.bodyinmotionpt.net

P

h

y

S

i

C

A Practice of Excellence

Osteopathy Acupuncture

Homeopathy Chiroprody/Podiatry

Chinese Herbal Medicine

Medical Herbalism Counselling

Iridology Nutritional Therapy

Allergy Testing Massage

Aromatherapy Reflexology Shiatsu

Indian Head Massage NLP Reiki

Injury Rehabilitation Hypnotherapy

We may be able to help, why not ring and ask!

01223 237459

Physic, Oakington Road, Girton

or visit our website www.physic.co.uk

Oakington Therapy Centre
Est 1994

Power Tool & Plant Hire, Sales & Repairs M. P. Harvey 119-123 Middlewatch, Swavesey

Tools for all your requirements: Decorating, building, gardening, breaking and DIY

Service agents for: Black & Decker - Stayer - Ryobi - Elu - Fein - Dewalt Power Tools.

All other tools and small plant repaired, including Kangos, disc cutters and generators

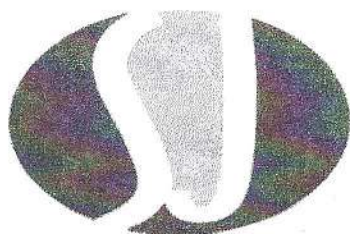
Open: Mon. - Fri. 8am - 5pm, Closed Wed. pm, Sat. - 8am - 12noon

Tool Hire:

Mixers, Compactor plates, Kango hammers, Floor sanders, Belt sanders, Orbital sanders, Angle grinders, Drills, Saws, Carpet cleaner, Wallpaper steamers, Tile cutters, Acrows, Mowers, Rotavators, Hedge trimmers, Pumps

Adult's & children's
bouncy castles
now available

206113



Steve Jolley
Plastering & Tiling

6 Foxhollow
Bar Hill
Cambridge
CB23 8EP

Home 01954 780445
Mobile 07727 203626

HIGHFIELDS

law practice

Your approachable local solicitors

John Tarrant, Georgina Walker and Cheryl Bentley are part of local law firm providing the following services and more.....

Conveyancing, Wills and Probate, Matrimonial, Employment, Litigation

Opening Hours:

Weekdays 8am - 5.30 pm

Evening and Saturday by arrangement

We offer on matrimonial and litigation matters a 30 minute fixed fee initial consultation of £50 plus vat

For advice please call:

01954 210363/211920

E-mail georgina@highfieldslaw.com

74 Highfields Road, Highfields Caldecote, CB3 7NX

Easy Free Parking/Disabled Access

John S. Hinchliffe

Building Services

Property Refurbishment,
Alterations, Buildings Work,
and Carpentry

Inside & Outside - All Work Considered

Free Quotations

Telephone 01954 202406

AIR CONDITIONING • AIR COMPRESSORS • STEAM CLEANERS • WELDERS
GENERATORS • POWER TOOLS • WORKSHOP EQUIPMENT • TOOLS

ELLIOTTS

Masters in Machinery

Tel: 01954 20 20 20 Fax 01954 78 28 01

e-mail: sales@elliotts.co.uk www.elliotts.co.uk

UNIT 44, VIKING WAY, BAR HILL, CAMBRIDGE CB3 8EL



213666

M&M

Heating & Plumbing Services

Corgi & Oftec Registered

Oil/gas boiler service

Bathroom Installations

Heating/Plumbing m

Power Flushing

Landlord Certificates & Safety Checks

Free estimates

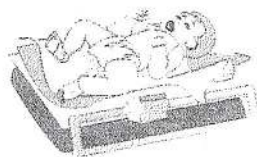
Friendly and reliable local service

01223 691599

07832261791/07766281962



UNDER ONES



The Under Ones meet on a Tuesday, 10 till noon, in the Church Octagon (term time only). All are welcome – expectant and new mums, carers, grandparents, fathers. Refreshments are 50p. There are toys and books, and full changing facilities. It's a great chance to chat and relax, while babies sleep or play, and make new friends.

Contact Alwyn Keeves on 781050



Changes to bus timetables

Changes to STAGECOACH services: including former H & D and CAVALIER services effective 25 August 2008.

Journeys to Cambridge from Willingham, Over, Swavesey, Longstanton and Bar Hill replaced by revised service 15

Journeys to St Ives from Bar Hill, Longstanton, Swavesey, Over and Willingham replaced by revised service 15

Service

Number

15 Evening St Ives > Cambridge Changes to existing timetable

Now 19:40 and 21:40 from St Ives

15 Evening Cambridge > St Ives Changes to existing timetable

Now 19:05, 21:05 and 23:05 from Cambridge

All journeys serve Bar Hill

Service Number

553 / 554 / 555 / 556 Huntingdon > St Ives > Fenstanton > Cambridge - Replaced by new 45 and 55 and revised 15

Revised 15 between St Ives, Fenstanton, Bar Hill and Cambridge

New service 45 between Huntingdon, Hartford, Houghton, RAF Wyton, St Ives, Fenstanton, Bar Hill and Cambridge

Should you require a copy of any of the timetables or have a query regarding the changes please contact Stagecoach, details below.

Telephone: 01223 423 578

Cambridgeshire CB4 0DN

Web: www.stagecoachbus.com/cambridge

Email: cambridge.enquiries@stagecoach.com

Andrew Hunt

Network Co-ordinator

FOR SALE

2-Seater "Cintique" Cottage style sofa. Solid Ash Frame. Deep-buttoned back (cushions in sage green Dralon)

Fire Resistant

In excellent condition

H - 39" D - 35" W - 48"

£75. ono.

tel: 01945 781910

For Sale

Epson Stylus C62 printer

Barely used

£20 ono

789514

FOR SALE

Brown leather high backed office chair with wooden arms and base

Swivel seat and adjustable height

£40 ono 789514

Bar Hill Childminders



Thinking of going back to work or fancy some 'me' time? Then why not leave your child in a friendly family environment with a childminder who is registered with Ofsted, is an NCMA member and fully insured. We

offer a wide range of activities including trips to parks and toddler groups, crafts, music, stories, cookery and much more!

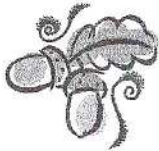
Come and meet us at Coffee and Kids in the Octagon on Thursdays between 10.00 am and 11.30 am for a coffee and a chat.

Childminders with current vacancies are:-

Sharon	Full and Part Time	07800935263
Terri	Full Time from Sept 08	789475
Jacky	Part Time from Sept 08	780249
Karen	Before and after school (5-8) and above	781151
Melanie	Call for more details	204496
Kirsten	Full and Part-Time (0-5 and 5-8)	200228

Coffee and Kids

Run by Bar Hill Childminders for parents/carers/childminders of babies and pre-school children. Come and join us on Thursdays (term time only) in the Octagon (Church buildings) from 10 am – 11.30 am. £1.80 per adult. Price includes coffee/tea/hot chocolate for adults, soft drinks and healthy snacks for children. We have a large range of indoor and outdoor toys and a safe soft play area for babies. Call Debbie on 201739 for more details.



Little Acorns Pre-School

At last we are moving in to our new home over at the SPARC building, and we are very excited about this new challenge.

We are planning lots of new activities, inside and out and would love you all to come and have a look at what we have on offer. (We are open **Monday to Friday 9-11.30 am and 12.30-3 pm. term time only.**) Children already attending or already registered with us will have received their special invites to come and look around on Weds and Thurs the 3rd and 4th of September.

On Friday 5th September we are throwing open our doors to everyone, for the morning, where you are warmly invited to come and see what we are doing in our lovely new room! We will be on hand to show you around and answer any questions you may have. If you are thinking of pre-school for your child, this is an ideal opportunity for you to come and see for yourself what goes on!!

We look forward to seeing you then.

If you would like more information, please contact Sally on 201074 or Gail on 203229.

SWAVESEY AND OVER CONSERVATION SOCIETY (SOCS)

DIARY OF EVENTS – AUTUMN 2008

All meetings are on Wednesdays

10th September 2008

“THE RISE & FALL OF THE SKYLARK”

A presentation with slides by Paul Donald

8th October 2008

“THE GALAPAGOS – ENCHANTED ISLES”

Presented by Christine Newell

12th November 2008

“WICKEN FEN AND FUTURE PLANS” Guest

speaker from The National Trust

10th December 2008

CHRISTMAS SOCIAL

The usual mixture of food, wine and members memorabilia – a good chance to get to know each other.

Suggestions for the next cycle of activities welcome.

Why not bring a friend (or two)?

Please bring a contribution of food or drink.

All meetings are at Over Town Hall commencing at 7.30 pm unless otherwise stated

Lifts available if required – PLEASE PHONE: Tim

Parish: 01954 203035 or Pat Miles: 01954 780485

GUESTS ARE ALWAYS WELCOME!

Admission Free unless otherwise stated; however a donation of £2 per indoor meeting towards overheads and refreshments would be much appreciated.

Tai Chi – Beginners Class

Starts 4th September 2008

Bar Hill Primary School

Thurs 7.30 to 9.30 pm - £6 per class



Practising Tai Chi promotes relaxation, the release of stress and tension, and enhances muscle tone.

Call Mike on 07717 697509 for information



FRIENDS OF BAR HILL LIBRARY

The regular monthly Coffee Morning will be held on 4 September at 10 am – 12 noon. The next Book Sale in the Library will be held on 4 October 10 am – 12 noon.

Some dates of future events for your diary:

On 14 October there will be a talk and slides by Dr Bill Block about “The Galapagos Islands”. Tickets will be available in the Library closer to the date. Also, on 17 October at 7 pm is The Friends’ Annual General Meeting. Do come along as this is your chance to have your say. Mr Bernard Amps will be holding his usual monthly visits to help with Family History enquiries. All the details can be obtained on the notice board in the Library.

Sheila Mason

Babysitting Services



Responsible, reliable babysitter

Friendly and fun

Lots of experience with children

Also available to help at children’s parties

Please call Hannah on
01954 203464

ALLOTMENT SOCIETY

There is a waiting list for membership of the allotment society but anyone interested is invited to contact Keith Morris on 782441. Any other allotment matters should be addressed to bhaallotment@hotmail.com in the first instance.

EXPRESS ROOFING SERVICES

Flat Roofing Specialists

Emergency 24 hour Service

Roofing for over 25 years

- * Insurance work
- * Guttering * Facia Boards
- * Garages & Extensions
- * Re-roofing & repairs

Prompt Reliable Service



01487 841008

Mobile 07860 680550
37 Greenfields, Earith

5-10 year guarantees

Competitive Rates

Moving ...? Anything, Anywhere, Anytime

BARRY STONE



01954 781430
01223 579560

For a fast and friendly service

Removals; Storage; Packing; Any distance

Free estimations

haart



...is where your home is

www.haart.co.uk

- Experienced staff with local knowledge
- 10 Cambridge regional offices, 223 national
- Independent mortgage advice
- Advertised on 7 major property websites
- No sale – no fee

The only agent truly serving Bar Hill

Unit 12, The Mall

Call the office today for your free, no obligation, valuation

781411

King & Co.

Solicitors

238, High Street Cottenham

Tel: Cottenham 251818 or 206036

Opening Hours:-

Sat. Morning	by arrangement
Mon. - Thur.	9.00 am - 5.00 pm
Fridays	9.00 am - 4.00 pm

No
Parking
Problems



Quality Workmanship since 1962

EXTERIOR PAINTING



INTERNAL DECORATING AND WALLPAPERING

FREE ESTIMATES

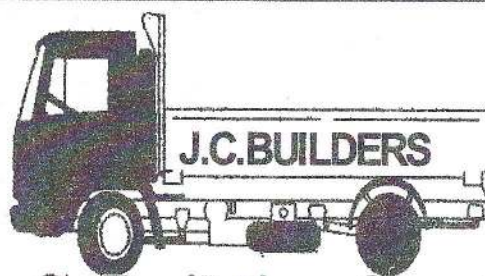
BAR HILL RESIDENT 1988 - 2004



Tel : 01223 711986

www.petch-quality-decorator.co.uk

petch_decorator@hotmail.com



J. C. Building Services

All types of building work undertaken.

For example:

Block paving

Patios

Fencing

Ceramic Tiling

Small Extensions

No job
too small!

Free
quotations

For an Estimate:



01487 740580

07919 202871

Nice and close just for you

10 The Mall Bar Hill Cambridge CB23 8DZ Tel 01954 780111

23 BRANCHES IN AND AROUND CAMBRIDGE

CAMBRIDGE
BUILDING SOCIETY

The building society that belongs to you.

Head Office Administration Centre PO Box 232 51 Newmarket Road Cambridge CB5 8FF
www.cambridgebs.co.uk

JASON KIRBY

Professional Painting & Decorating Ltd

All types of internal and external decorating - commercial and domestic

Free estimates and advice Tel: 01954 715095 / 07966 174431

City and Guilds Qualified. Full Public Liability Insurance.

Member of The Painting & Decorating Association and Dulux Trade Select.



Dulux Select
Decorators



CORGI
Registered
Gas Installer

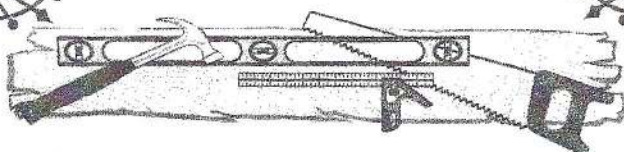
M. Roitman

Heating & plumbing engineer
Heating systems, bathrooms and
power showers
supplied, installed & repaired



Office 01480 469653
Mobile 07831 466778

Free estimates. Emergency service



DAVID HUMPHREY CARPENTER & JOINER



01480 432275

Mob: 07788 428580

Fax: 01480 451566

In need of any work doing around
the home, but haven't got time to do it?

Then look no further ...

- ★ Carpentry & Joinery
- ★ Windows & Doors
- ★ Exterior Finishes
- ★ Roofing
- ★ Home Security
- ★ Conservatories
- ★ Loft Conversions
- ★ Home Extensions

*No job too large or too small
Quality work at realistic prices*

PROBLEMS?

WITH YOUR EXISTING DOUBLE GLAZING



**DOMESTIC • COMMERCIAL
INDUSTRIAL
REPAIR & MAINTENANCE SERVICE**

- **WE REPLACE** Glass, Locks, Handles, Hinges,
Patio Door Wheels, Tilt & Turn Mechanisms
- **WE FIT** Window Opening Restrictors,
Cat Flaps, Fly Screens
- **WE SPECIALISE IN** New Conservatories,
Windows, Doors

FREE
ADVICE /
ESTIMATES



SECONDARY DOUBLE GLAZING ALSO AVAILABLE

the WINDOW & DOOR SURGEON

For a Friendly and Efficient Service Please Call

Phone **01954 201944**

Email enquiries: tw-ds.co.uk
visit www.tw-ds.co.uk

2 RAMPTON ROAD • WILLINGHAM • CAMBRIDGE

WE DON'T PUSH WE DON'T INFLATE ON PRICE WE JUST SOLVE PROBLEMS

Drake Heating and Plumbing

Tel: 01954 781366 or 07831 806733
e-mail: DrakeHP@aol.com

Established 29 years

**Gas Central Heating
Installations
Boiler Replacements
Boiler Repair and Maintenance**

Corgi
Registered Gas
Installer
2185



26 Ladywalk
Longstanton
Cambridge

Skatz

HAIR DESIGN

and
**Bethan's Beauty
Shop**

Opening times:

Mon Closed
Tue 9.00am-5.30pm
Wed 9.00am-8.00pm
Thu 9.30am-7.00pm
Fri 9.00am-5.30pm
Sat 8.00am-2.00pm

89 High Street
Longstanton
780909

New direct phone to
Bethan's Beauty Shop
789100

- ♦ We offer a full range of hair and beauty treatments
- ♦ Gift vouchers available
- ♦ Bio sculpture nail extensions and natural overlays
- ♦ KMS / Goldwell appointed salon
- ♦ New for the summer - St Tropez spraytan treatment
- ♦ Appointments not always necessary

FOR BETTER QUALITY WINES

Visit

Cambridge

WINE CELLAR

175 St. Neots Road, Hardwick
Cambridgeshire CB23 7QJ
(NEXT TO PET PAKS)
TEL: 01954 212112

E mail munnschw@aol.com

www.cambridgewinewarehouse.co.uk

TUESDAY - FRIDAY 10.00 A.M. - 6.30 P.M.

SATURDAY 10.00 A.M. - 5.30 P.M.

SUNDAY 10.00 A.M. - 2.00 P.M.

MONDAY CLOSED

THE THERAPY ROOM

TREATMENTS FOR RELAXATION & WELL-BEING

AROMATHERAPY for ladies

INDIAN HEAD MASSAGE

FACIALS

NUTRITION

REFLEXOLOGY

STUCK FOR A PRESENT FOR A SPECIAL PERSON - GIFT VOUCHERS AVAILABLE

Want to know more about treatments? Free consultation - by appointment only

'phone **HEATHER 781208** - Practice located in Bar Hill - Member Federation of Holistic Therapists

Are you in need of a chiropodist ?

For a professional service in your own home:-



201278

Christopher Bruckshaw MSSCh MBChA

A registered member of the British Chiropody Association

Vehicle Search



The 26 letters of the alphabet appear at least once in the names of 9 vehicles. Can you find them? Reading forwards, backwards, vertically or obliquely.

ANAGRAM IDLE BROOK

--	--	--	--	--	--	--	--	--	--

Did you get the answers to August's wordsearch?

Belgium, Fiji, Hungary, Mexico,
Pakistan, Qatar, Sudan, Venezuela
and Wales

Anagram: Singapore

Beautify Your
Hands, feet, back or belly with the Stunning
yet Traditional Henna (mehndi) Designs.
Ideal for Weddings, parties or regular glamour.
Just a Great way to have temporary and Natural tattoos.

call Nosheen on 07917032300 or
e.mail:hennadesign@hotmail.com

BLOCK PAVING
DRIVES, PATHS, AND PATIOS
For a free survey and quotation without obligation
telephone....
01954 205265
The Block Paving Company
121, Appletrees, Bar Hill

HEATING SERVICES

**SPECIALIST IN ALL TYPES OF BOILERS,
HEATING & HOT WATER SYSTEMS,
INCLUDING COMBINATION BOILERS**

GAS OIL LPG



• FREE ESTIMATES

• DISCOUNTS FOR Q&P'S



BURCHFIELD & SON
HEATING ENGINEERS

PLEASE ASK FOR SEAN

Mobile: 07762 784589

Home: 01954 781549

Local • Reliable • Guaranteed Work

Nearly New

SALE

Saturday
4th October
2.00-3.30 pm
50p entry

at Bar Hill School

Maternity, Children's and Baby's clothes, Toys,
Games, Puzzles, Outdoor Toys & Equipment,
Pushchairs and much, much more...

For a Seller Number please call 01954 200228
or email bhpta@live.co.uk

IS THERE ANYONE WHO CAN HELP
ME TO LEARN SASHIKO, JAPANESE
QUILTING?

PAULINA ON 01954 781861

FREE
MAILING TUBES OR POSTER TUBES,
HAS ANYONE ANY USE FOR THEM?
I HAVE HUNDREDS 56 cm x 8 cm
DIAMETER, END PIECES ALSO.
PAULINA 01954 781861



Bar Hill Parish Council
Parish Council Offices
(Near the Health Centre and Octagon)
Tel: 780456
Email: bhillpc-1@btconnect.com

Parish Council Web Site – www.barhillpc.org.uk.
This will keep you up to date on current affairs in the village including meeting minutes and agenda.

For all you regular walkers out there
The County Council has produced a Countryside Access Map entitled "Walks and Rides around the Northstowe Hundred". A very interesting history of the local countryside and lots of pleasant walks and bike rides for you enthusiasts. If you would like a map please call in to the office as I have been given a substantial supply.

Theft
Please be aware that I have had a few residents inform me that their registration number plates have been stolen from their vehicles whilst parked overnight. Please be vigilant and if you see anything suspicious please call the police.

Project Funding
WREN is inviting organisations to bid for funding of between £75k and £125k for capital projects that will make a real difference to their community. This can include projects such as public parks, community centres, youth centres, play areas of all descriptions, nature reserves, recreation grounds and visitor centres. To qualify the projects must be site-based and located within 20 miles of a landfill site. Contact 01953 717165 or email wren@wren.org.uk

Police Surgery
Karen Mahoney, our PCSO, is holding police surgeries in the Parish Council Office every third Wednesday in the month between 10 am and 12 noon. If you have any issues you would like to raise with the Police please come along and see her. No appointment necessary.

Parish Council Meetings
The next monthly Parish Council meeting will be on Thursday 18th September at 7 pm in the Parish Council Office and all members of the public are welcome to attend.

HANDY TELEPHONE NUMBERS
Streetlights: 0800 253529 give the CC No. (written on post).
South Cambs District Council: (01223) 443000
Dog Fouling (01223) 443012.
County Council (damaged paths and roads): (01223) 717111

Leigh Baffa
Parish Clerk
Tel: 01954 780456
Email: bhillpc-1@btconnect.com



SPARC Building, Gladeside
Tel: 07883 739368 during Club hours

We are situated in a purpose built building next to the School, with direct access from the playground. We provide Childcare for children aged 4-11 in a safe and caring home-from-home environment, with trained and experienced staff.

Our sessions provide the children with a wide range of activities from pool to computer games, dressing up to craft, and lots more or, if they wish, they can chill out on our comfy sofas. We can also use the safe environment of the school playground for outdoor activities.

During the holidays we have themed activities, which the children are involved in choosing, as they are with many other issues, such as outings etc – as it is their Club, they even chose its name. The children are given a snack, such as pasta or filled pittas, followed by a biscuit and fresh fruit. We also make birthday cakes to celebrate each child's birthday, which are shared.

We are registered with OFSTED, and we accept employers' childcare vouchers.

Session Times
After School 3.10 pm – 6 pm Monday – Friday
School Holidays 8.15 am – 6 pm Monday – Friday
Closed on Bank Holidays

Hiring
These rooms are now available for hire to the community, at the discretion of the Committee. If you would like to hire The Playstation rooms please contact Patsie on 201079. If you would like to hire the pre-school room please contact Janine Swanser on 203095 or 07851803083. The kitchen and garden areas may also be hired out for an additional charge.

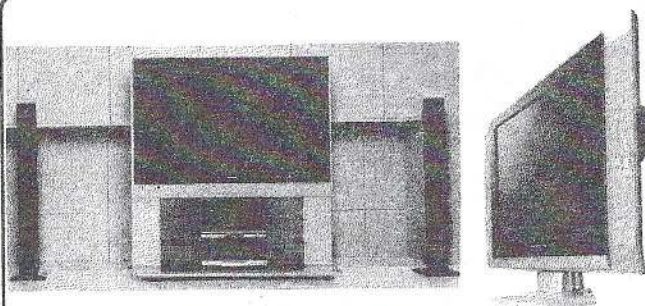
The current charges are:

	Charge/hour	Fixed price
Little Acorns main room	£7.50	
Playstation main room	£7.50	
Kitchen		£10
Garden		£10

There is a minimum hire charge of £25.

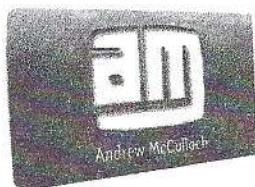
We currently have some vacancies, both after school and during the holidays. If you would like more information, an information pack or to arrange a visit, call Patsie on 201079 or 07921 541549.

Patsie Ostler
Bar Hill Out Of School Club



**Latest Plasma & LCD Televisions
DVD Recorders now in stock**

- ⊙ Top manufacturers
- ⊙ Free delivery and installation
- ⊙ Interest free credit available
- ⊙ Ask about part exchange
- ⊙ Local independent dealer
- ⊙ Over 45 years experience



Andrew McCulloch
44 Arbury Court, Cambridge

FREEphone 0800 3890324



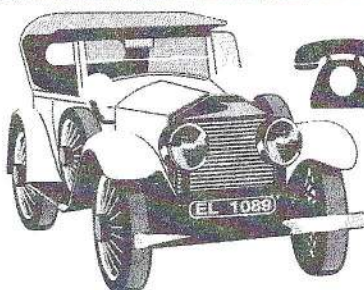
My love for dogs.

'My love for dogs' offers home boarding for your canine friend. I am a dog lover, smitten with them and my home is totally dog friendly. I am delighted to open up our home so that whilst you are on holiday, your dog has a holiday in the comfort of our home, with a totally secure garden.

I am fully insured, police checked and have grown up with dogs all my life. Holly, our beautiful golden Labrador puppy, now 9 months old, loves to play with new friends.

Rest assured that your dog will have at least two long walks a day either at the heath nearby to our home, or in the fields surrounding our village. We also utilise on a daily basis on local village recreation ground and play ball games there.

Should you require any further details please do not hesitate to call Amanda Bishop on 07903806750



01223 233250
782247 - evenings

07711 131085

L. F. Dean & Sons
Motor Body Specialists

- * All makes repaired
- * Welding
- * Re-spraying
- * Low-bake oven

Non-fault accident service

Free estimates

4 Water Lane, Oakington

A. Denton
Painting & Decorating
High Quality



INDUSTRIAL

COMMERCIAL

DOMESTIC



102, Stonefield
Bar Hill
Cambridge
CB3 8TB

**01954
782472**



WE CAN FIX IT

**HANDYMAN SERVICES
MAINTENANCE FOR
THE HOME & GARDEN**

01223 232150

**Give Nigel a call for a
free quote**

07876 220204

UniPlumb
Cambridge Ltd

**'On tap for all your plumbing
and heating needs'
Quality Workmanship.
Free Estimates. Corgi reg'd.
Fast & reliable service.**



**All aspects of heating and
plumbing
Please ring for
professional, friendly advice.**

Tel/Fax: 01954 212553

102 West Drive, Highfields, Caldecote, Cambridge CB3 7NY



Ash Croft Veterinary Surgery

169, St. Neots Road, Hardwick Cambridge CB3 7QJ



Surgeries by appointment



210250

**Laura Wood
BA, MA, VetMB, MRCVS**

Visits by arrangement

**Simon Shore
MA, VetMB, MRCVS**

8.30 - 10.30 am & 4.30 - 7.00 pm Weekdays

9.00 - 11.00 am Saturdays, 10.00 - 11.00 am Sundays

**Dragan Tomovic
BVSc, MRCVS**



Full 24 hour Emergency Service

Andy's Kars Ltd

For Quality Servicing & Repairs

6 Viking Way, Bar Hill, Cambridge CB23 8EL www.andys-kars.co.uk Tel: 01954 782666



In our fully equipped, modern workshop, we'll cater for all your MOT, Servicing and Repairs requirements. On all makes of Cars and Light Commercial Vehicles



Opening Times: Mon-Fri 8:00am to 17:30pm
Sat 8:00am to 12noon

**Honest advice with a smile,
we go the extra mile!**





Registered Charity No. 1030725

The Bar Hill Pre-School are very pleased, and excited, to announce that we are opening a new setting within the village. This will be based in the Church centre. We are very grateful to Ruth Adams and the Church council for agreeing to this arrangement.

We have found it necessary to do this, as the Village Hall setting was no longer big enough to accommodate all of the children whose parents wanted them to attend the pre-school. We found it becoming increasingly difficult to offer the sessions that were required and were building up a waiting list.

The pre-school will, from September, be running concurrently from both sites. The Church centre setting will offer full day care from 9-3 on Monday, Tuesday and Wednesday. Thursday morning 9-11.30; with the afternoon, 12.30-3, being reserved for children in the year prior to commencing school. Friday, from 9-3, is also reserved for children in the year prior to commencing school. Lunch club is offered daily from 11.30-12.30.

We are also welcoming some new members of staff to the pre-school. Charlie is the new manager for the Church centre setting. We will also be joined by Irene; Michelle; Sonja; Hanna and Lorna.

We currently have some vacancies available in both settings. If you are interested in your child attending the pre-school, or want more information, please contact us on (01954) 782892, or pop in to see us. Alternatively, contact Sarah our session allocation co-ordinator on (01954) 781871 before 7 pm weekdays.

We look forward to seeing you all in September!!

Maths and Physics Tuition

Start your revision in time to make a difference!
Qualified teacher with First Class Honours
Degree in Physics offers GCSE and A level
tuition in Maths and Physics

Paul Noble

780477



Our new purpose built Pre-School attached to the Village Hall has bright and airy rooms and a large fully enclosed garden, providing a safe, secure and stimulating learning environment for children aged 2 - 5 years.

The aim of Bar Hill Pre-School is to provide high quality care and education by focusing on each individual child's ability, encouraging their development through Birth to Three matters and progressing to the foundation stage curriculum.

Our main emphasis is learning through play.

Your child will be able to explore a variety of activities in an educational setting required by OFSTED. Our experienced, qualified Early Years team Sonya, Karen, Sarah, Pauline, Jacqui, Emma, Clare and Claire supervise our sessions.

Our Key worker system enables the early years team to meet the needs of each individual child through planning their own individual educational plan and next steps.

Subsidised places

We offer reduced sessions rates for parents/carers on Income Support/Working tax credit. We also accept child care vouchers from your employer.

Early Years Funding

We can offer 5 free sessions when your child is eligible, currently the term after their 3rd birthday.

Play Tots Session

9.15 - 10.45 Tuesday

This is our session for babies to Pre-School with Emma our Birth to Three Co-ordinator. We have lots of fun and a large selection of activities, including our new soft play den and toys especially for the tots. Sessions are held on a pay as you play basis. Drinks and healthy snacks are provided.

Rising 5's session

This session is for children in their final year at Pre-School. This is a more structured session preparing them for school entry.

Session Times

Monday	9.00 - 11.30	12.30 - 3.00
Tuesday	Play tots	12.30 - 3.00
Wed	9.00 - 11.30	12.30 - 3.00
Thursday	9.00 - 11.30	12.30 - 3.00
Friday	9.00 - 11.30	12.30 - 3.00 (rising fives)

We offer a lunch club 11.30 - 12.30 daily

For more information please contact the Pre-School direct on (01954) 782892 during session times or feel free to pop in and see us.

Alternatively contact Sarah our session allocation Co-ordinator on (01954) 781871 before 7 pm weekdays.

Please note we are currently taking applications for
2008/09 entry
Registered Charity No. 1030725



The Swallows

Across the meadow the swallows are flying,
Close to the buttercups they're cutting along.
Skimming the dog rose at the top of the hedgerow
Where an old blackbird sits, singing his song.

Yesterday I saw them wheeling and diving
Just before sunset, so high in the sky;
But now all the flies have come down from above;
The swallows they follow, so low do they fly.

The air's warm and heavy, rain's coming I reckon.
It always means rain when the swallows fly low;
Clever how nature changes the weather –
She's always got something to teach us, you know.



Nick Richardson



(If anybody sees anything interesting ... or dead, please
let me know (07786950684))



RADSOC

Swavesey RADSOC presents

"A Tomb With A View" by Norman Robbins
a comedy thriller directed by Malcolm Crisp
at Swavesey Village College
Friday 24 and Saturday 25 October at 7.30 pm

Tickets (£7/£5 concessions) are available via the RADSOC website
(www.swaveseyradsoc.org) or from the Box Office on 07504 552870.
and there's more...

Our panto this year is to be a swashbuckling adventure with Robin-
son Crusoe. Some crew has been assembled, the captain is ready to
set sail and the usual array of over dressed silly folk are in the
process of training. However we are still out recruiting and would
welcome more crew, village people and savage natives. If you like to
cross swords with pirates or be chased by hairy gorillas whilst
singing, laughing and giggling and of course impressing your
friends, then **why not consider joining us?** Cast members already
come from Bar Hill, Over, Swavesey as well as from further afield.
If you are interested and would like more information please contact:
Matt Isham – 07846 491461 or Bob Bright - 01954 201291.



FOR SALE

**Yamaha Electric Organ walnut finish
with stool**
Two bed keyboard with foot pedals
Various rhythms and effects
very good condition - £150.00
Tel: 01954 204327

PLUMBING AND HEATING

T N WALSH (AIR-RP)

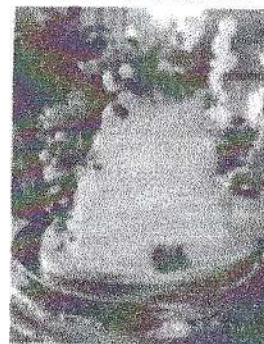
TELEPHONE 01954 780252 / 07887 561525

CORGI REG NO 23354

**MEMBER OF THE INSTITUTE OF PLUMBING
REGISTERED PLUMBER 026851 I**

Delia's Cakes

For all occasions



rlb@deliacakes.co.uk

(01954) 781 549

FREE FABRIC

Samples of fabric which can be used
for craft work, bags, patchwork etc.
Tel: 782877

One massage couch, hardly used, unfolds
and legs come out making the couch, folds
back neatly and is easy to store.
Price £65. Tel. number 01954 781 549.

**Outdoor garden pond: 3 fishes, plants
and pump FREE to a good
home. Collection only.**
Phone: 781771

WHAT'S ON?

- 4th Enrolment Evening – 8 o'clock Club
- 4th Coffee morning – Library
- 10th Swavesey and Over Conservation Society – Rise and fall of the Skylark.
- 11th NWR Cambridge Ghost Walk
- 20th Cricket Club Presentation Evening
- 25th NWR – Iceland

**Mondays and Thursday -
Weightwatchers**



essential BEAUTY

Mon 7:30 - 8:30pm
CARDIO AEROBICS
Swavesey Primary School

~
WEDS 7:00 - 8:00PM
STEP 'N' TONE
Bar Hill Village Hall

~
WEDS 8:00 - 9:00PM
AEROBICS & TONING
Bar Hill Village Hall

NEW CLASS STARTING SAT 16th FEB
8-9am

Meeting outside Bar Hill Village Hall
Wake up, Get up and be invigorated!!!

BOOT
CAMP *Betty*

ALL CLASSES £3.50 PER SESSION. Block bookings available. Mat's provided, all abilities welcome, just come along!!!

Experienced & Qualified Instructor.
Danielle 07803 706584
Email: info@essentialfitness.co.uk
Web: essentialfitness.co.uk

Oakington Garden Centre

**Large selection of plants, pots
and garden sundries**

Open:
Monday - Saturday 9am to 5pm
Sundays 10am to 4pm

Oakington Garden Centre,
Dry Drayton Road, Oakington.

Tel. 01223 234818

Fax. 01223 236823

Email. oakingtongardencentre@hotmail.com



DRIVING TUTION



Your Local Professional Driving School

-  ✓ **Association of Driver Educators for People with Disabilities**
-  ✓ **Free Pickup in Cambridge and Surrounding Villages**
- ✓ **Dual controlled Vehicles**
- ✓ **Beginner, Advanced, Motorway**

 **01223 260076**

Teaching A Life Skill To Tomorrows Drivers Today

BAR HILL DENTAL CLINIC

Private Professional Dental Care

- Monthly Membership Plan
- Comprehensive Family Dentistry
- Cosmetic Treatment
- Tooth Whitening
- Dental Hygienist Services
- Emergency Appointment Available
- Ample Free Parking

Hanover Close, Viking Way
Bar Hill, Cambridge
CB23 8EH

Telephone: 01954 781616
www.cambridgedentist.co.uk

M.C.L PLASTERING

MARK LENTON
13, Almond Grove,
Bar Hill
Cambridge,
CB3 8DU

Phone: 203650
Mobile: 07759 693686
E-mail: mark.lenton@ntlworld.com

Total Relaxation

Located within
Waves Health and Leisure Club
Menzies Cambridge Hotel
And Golf Club
Bar Hill, Cambridge CB23 8EU

01954 249901
01954 249986
Payment by Cash or Cheque only

Aromatherapy
Body Massage, Indian Head, Reflexology
Hot Stone Massage
Hopi Ear Candles
Facials
Body Wraps
Manicures & Pedicure
Lash and Brow Treatments
St Tropez & Waxing

Day Spa Packages including use of all facilities

Email: total.relaxation@ntlworld.com

Tel: 07999 888779
01954 261050

G.Coe groundwork & general building

All building work undertaken from the
smallest of jobs to complete house builds

- *Paving for your driveways and patios
- *All landscaping work including fencing/turfing
- *All roof and guttering repairs and maintenance
- *Groundwork and drainage

Give your local builder a call to discuss
your ideas

Irena Spence & Co

Solicitors

68-70 Castle Street,
Cambridge
CB3 0AJ

Tel: 01223 713300

Specialists in:

Conveyancing
Family/Matrimonial
Accident Claims
Litigation
Employment

Offices at:

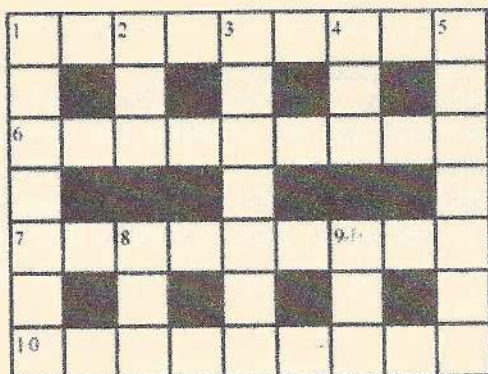
11 High Street
Histon
CB24 9JD

5 Green End
Comberton
CB23 7DY

Answers for August

Across 1. singapore. 6. rudiments. 7. uncertain. 10. sepulchre.

Down 1. strauss. 2. nod. 3. admiral. 4. own. 5. essence. 8. cup. 9. ash.



Clues for September

Across 1. peaceful army. 6. cares for books. 7. must have. 10. annoyances.

Down 1. rival of Mozart. 2. throw. 3. not for. 4. here in France. 5. flummox. 8. title. 9. atomic particle.

Bar Hill Ecumenical Church - Services for September 2008



A modern church for a modern village. Please join us on a Sunday to find out what happens inside; you will be made very welcome.

Sun 7 th September	10.00 am	Family Communion : <i>Creation</i>
	6.30 pm	Creative Prayer
Sun 14 th September	8.00 am	Holy Communion
	10.00 am	Morning Worship: <i>Abraham</i>
	6.30 pm	Evening Prayer (Iona Community) : <i>Isaac</i>
Sun 21 st September	10.00 am	Holy Communion : <i>Jacob</i>
	6.30 pm	Praise Service
Wed 24 th Sept	10.00 am	Holy Communion
Sun 28 th September	10.00 am	All-age Worship : <i>Joseph Harvest Festival</i>
	6.30 pm	Holy Communion

There is also a Roman Catholic Mass on Saturday evening at 6.00 pm

People to contact:

The Minister	Rev Ruth Adams	Tel: 78936
Church Centre Manager	Helen Cook	Tel/Fax: 206120

Website—www.barhillchurch.com

The Catholic Church of Our Lady and the English Martyrs Hills Road, Cambridge (The Catholic Church serving Bar Hill)

Parish Priest:	Mgr Tony Rogers	Tel: 01223 350787
Deacons:	Revd Robert Joyce, Tony Northrop and Tony Sutton	
Local contact:	Bunty Waters	Tel: 201421

Mass at Bar Hill Church Centre Saturdays: 6 pm First Mass of Sunday

Masses in the Parish Church in Cambridge

Monday, Wednesday, Thursday, Friday	8 am and 12.15 pm
Tuesday	8 am and 7.30 pm
Saturday	6 pm First Mass of Sundays
Also 5 pm at The Ark, Cambourne, and 6 pm at Bar Hill Church Centre	

Holydays of Obligation 8 am, 10 am, 7.30 pm

Sacrament of Reconciliation

Tuesday	6.45 pm (not after Mass)
Saturday	10.30 – 11.15 am, 4.30 – 5.15 pm, 7 – 7.45 pm

Details of other services are published in the weekly newsletter which is available at the 6 pm Mass each Saturday – copies are available in the Church Centre.

CAMBOURNE OSTEOPATHS

www.cambourneosteopaths.co.uk

Osteopaths Registered with the General Osteopathic Council

For general enquiries, please call to speak to one of our osteopaths. Or visit our website: www.cambourneosteopaths.co.uk

01954 28 28 20

Monkfield Medical Practice
Sackville Way
Cambourne
CB25 6HL

RESIDENTS' ASSOCIATION

Interested residents are always welcome at our meetings which are normally held on the second Monday or Friday of the month at the Parish Offices at 8 pm. The next meeting will be on 12 September.



Happy Hours The Re-cycled Youth Club

As we are coming towards the end of our year, and approaching the AGM I thought this would be a good opportunity

to thank the members of our committee who work so hard to ensure our enjoyment. We have the two Terry's, Ernie and Fred, who attend quite early each Monday to set up the tables and chairs, and take an active part in organising and running the Club. Then we have the three ladies, Joan, Betty and Win, more recently joined by Rosalind, a great help, who have worked so hard to provide early morning tea and coffee, followed by many lunches, which are enjoyed by many of our members, and afterwards providing tea and cakes for the afternoon. We also have Phyllis, keeping an eye on things in the background. Finally, we have our Lady Chairman, Helen, who keeps the team together, keeps the Club running on an even keel, and organises our holidays and outings.

We also have other members of the Club, such as Keith Morris, always ready to help with the tables, and a few of our lady members who help in the kitchen after lunch. However, as some of our members are growing older, and perhaps a little slower in their activities, it would be appreciated if a few of our more active members would consider volunteering for the committee and perhaps putting into the Club some of the attributes which they have enjoyed week after week.

Letters A letter has been received from the Church thanking our members for their donation of £45 which was given to help with the children's holiday week. A further letter has also been received from Ruby Hunt, who is still in Addenbrookes Hospital recovering from a fractured leg following a recent fall. She says that she is making good progress, and wishes to thank everyone for letters and cards. Also thanks to those who have visited her husband Sid.

Flu jabs Names are now being taken for those members of Bar Hill Surgery who wish to have a flu jab. These will be given at the Club on Mondays 6 and 13 October.

Competitions The draw has now been made for this year's competitions, and is on view in the Club. Some 62 entries have been received and members are asked to play their games during the next two months. Winners of last year's trophies are asked to return them to the Club as soon as possible.

Outings Our outing to Southwold took place on Wednesday 6 August when we were fortunate to have dry, warm weather. Many of us spent most of the time in the town area where there were many interesting shops, and plenty of places for lunch. A few did venture onto the front for a long walk to the pier. On our return journey we called at Stoneham Barns just

north of Stowmarket. This was quite an interesting site, with a café for tea, a garden centre, golf range, and many shops, with plenty of parking spaces. A place well worth a visit.

Sickness Phil Gater has shortly to return to hospital for a further operation, which we hope goes well.

Dennis Holt
780948

Where shall we go today?

From April this year, the over 60's have had the opportunity to travel free on scheduled bus services after 9.30 Monday to Friday and all day at weekends and Bank Holidays, if they hold a free concessionary pass. This is just one of many enjoyable days out people can have using their concessionary pass on public transport.

A day out at Saffron Walden

Leaving Bar Hill at just after 9.30 on the 1A Whippet to Drummer Street bus station. Crossing the road into Emmanuel Street to catch hourly City 7 bus, this leaves at 10.15 and takes just over an hour to get to Saffron Walden. The City 7 has a 10-minute frequency and goes to other villages so make sure you catch with correct destination.

The journey is very interesting, first main stop is the Addenbrookes Hospital the bus weaves its way through the complex before travelling through Trumpington, Stapleford and Shelford. Travellers can then begin to enjoy the open countryside of South Cambridgeshire as the bus follows the river valley and glimpses of the river Cam or Granta can be seen.

The bus soon arrives at Sawston and it again weaves its way through the housing estates built in the 60's and 70's. Travelling onwards the bus reaches the attractive villages, (with some timbered houses) of Hinxton and Ickelton. It then crosses the main Cambridge to Liverpool Street railway line into Essex, entering Great and Little Chesterford before reaching Saffron Walden.

We alight at the High Street and wander through the narrow streets with small shops, which sell a wide range of goods. There are a variety of teashops and restaurants so there is plenty to sustain the traveller. Tuesday is market day with many varied and colourful stalls set out in the Market Square. You can get a free copy of the Town Trail map at the Tourist Information Centre in the market square, this trail will take you on a fascinating journey through the town seeing many historical timber framed buildings dating back over 500 years.

The bus returns to Cambridge from the High Street at 40 minutes past the hour.

Next month Where shall we go? visits Bury St Edmunds

John Reynolds